



Sausalito Marin City School District
 Bayside Martin Luther King, Jr Academy
 Nevada Campus and Phillips Campus
Breakfast and Lunch Menu - December



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
		Cereal with milk, fruit	Smoothie and Breakfast bar	Breakfast Sandwich, fruit, milk
		<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
		Turkey and cheese sandwich, cucumber, fruit, milk	BBq Chicken Drumstick, rice, green beans, fruit, milk	Hot Dogs, potatoes, fruit, milk
6	7	8	9	10
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Bagel with Cream Cheese, fruit, milk	Yogurt and Granola, fruit, milk	Cereal and milk, fruit	Fresh Baked Muffin, fruit, milk	Breakfast Burrito, fruit, milk
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Mac and Cheese, broccoli, fruit, milk	Beef Nacho, corn chips, pinto beans, fruit, milk	Salami Sandwich, cucumber, fruit, milk	Chicken Caesar Salad, fruit, milk	Cheeseburgers, lettuce and tomato, fruit, milk
13	14	15	16	17
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Bagel with Cream Cheese, fruit, milk	Fresh Baked Muffin, fruit, milk	Cereal with milk, fruit	Waffles and Syrup, fruit, milk	Breakfast Sandwich, fruit, milk
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Pasta marinara, cauliflower, fruit, milk	Beef Burrito, pinto beans, fruit, milk	Grilled Cheese Sandwich, carrot sticks, fruit, milk	Chicken and Gravy, mashed potato, cornbread, fruit, milk	BBq Beef Sandwiches, potato, fruit, milk
20	21	22		
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	Holiday Break	
Bagel with Cream Cheese, fruit, milk	Fresh Baked Muffin, fruit, milk	Cereal with milk, fruit		
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>		
Pizza Bread, cauliflower, fruit, milk	Beef taco platter, beans, rice, fruit, milk	Sunbutter and Jelly Sandwich, carrot sticks, fruit, milk		